



THE FIFTH ANNUAL CIBHS EVIDENCE-BASED PRACTICES SYMPOSIUM

“INTEGRATION AND EVIDENCE
IN THE
CHANGING SERVICE SYSTEM”

SYMPOSIUM
PROGRAM

APRIL 23-24, 2015

SHERATON PARK HOTEL AT ANAHEIM
1855 SOUTH HARBOR BOULEVARD, ANAHEIM, CA 92802

EVIDENCE-BASED PRACTICES RESEARCH CONTINUUM

The level of research supporting the effectiveness of a practice can be placed on a continuum; and, over time the level of research-based evidence of effectiveness may change depending on future research results. When the level of research-based evidence is high, the likelihood that the practice can be successfully replicated in diverse settings is also high. These levels of evidence are related to the quality of the research, and the success of a practice in obtaining similar results to those obtained in the research depends on the fidelity of implementation or model adherence.

For example: There are numerous, varied practices with established research-based evidence of effectiveness; however, they often share common characteristics. Effective practices include 10-20 years of research, random clinical trials in real world settings, and independent replication. They are specific to an area of need and outcomes, build on hope and engagement, and tend to have structured components or processes. They tend to be behavioral or cognitive models, have ordered or sequenced components and clear start and end dates.

EFFECTIVE PRACTICE	Achieves outcomes, random clinical trials, independent replication, in real world settings
EFFICACIOUS PRACTICE	Achieves outcomes, random clinical trials, independent replication, in study settings
PROMISING PRACTICE	Positive outcomes, quasi-experimental research support or expert consensus
EMERGING PRACTICE	Recognizable as a distinct practice based on a reasonable theory or rationale; may have other forms of evidence such as practice-based evidence or community consensus
NOT EFFECTIVE PRACTICE	Significant evidence of no, negative, or harmful outcomes
NOT EVALUATED	Has not been evaluated, level of effectiveness is not known

THURSDAY, APRIL 23, 2015

7:15 AM – 5:00 PM	REGISTRATION	<i>Plaza Foyer</i>
7:15 AM – 8:30 PM	CONTINENTAL BREAKFAST	<i>Plaza Foyer</i>
8:30 AM – 9:00 AM	WELCOME AND INTRODUCTIONS <i>Percy Howard, LCSW, Chief Program Officer, California Institute for Behavioral Health Solutions (CIBHS)</i>	<i>Park D / Plaza D</i>
9:00 AM – 10:15 AM	KEYNOTE: AFFORDABLE CARE ACT: INTEGRATION OF BEHAVIORAL HEALTH AND MEDICAL CARE <i>Elinore F. McCance-Katz, MD, PhD, Chief Medical Officer, SAMHSA</i> This presentation will describe the current national initiatives of the Substance Abuse and Mental Health Services Administration (SAMHSA) related to the Affordable Care Act, integration of behavioral health and medical care, the behavioral health workforce, ICD-10 transition, and prescription drug abuse and overdose prevention.	<i>Park D / Plaza D</i>
10:15 AM – 10:30 AM	BREAK	

10:30 AM – 12:00 PM **SESSION ONE**

<i>Plaza B</i>	FUNCTIONAL FAMILY THERAPY: ASSESSMENT AND APPLICATION OF THE RELATIONAL ASSESSMENT (SESSION ONE) <i>Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc.</i> The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse, and there will also be practice of staffing cases and comparison of ratings.
<i>Palm E</i>	AGGRESSION REPLACEMENT TRAINING: ENHANCING GROUP PROCESS WITH MOVEMENT <i>Sarah J. Oliver, The Department of Wellness: Millcreek Township School District</i> <i>Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.</i> <i>Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.</i> Current research indicates that when movement is added to the learning of cognitive skills, it enhances procedural or “muscle” memory.
<i>Plaza A</i>	ADVANCED TF-CBT TRACK: CULTURALLY MODIFIED TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR LATINO CHILDREN AND FAMILIES <i>Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego</i> This workshop will focus on cultural enhancements to TF-CBT that can be used to increase its relevance for Latino children and their families. Core cultural values will be explored, and strategies for incorporating these values into the assessment and treatment process will be explained. Examples of cultural enhancements for each of the PRACTICE components will be provided.

THURSDAY, APRIL 23, 2015 CONTINUED

10:30 AM – 12:00 PM **SESSION ONE, CONTINUED**

Plaza C

FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION ONE)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

This is a two part workshop. The goal of the first workshop is to firmly establish FFT therapist practice with understanding and application of the Relational Assessment. Part 1 will also assist the FFT therapist to better assess if they have completed the Motivation Phase of the Model, and increase effective therapist strategies as they transition to the Behavior Change Phase. Participants will be able to identify key indicators of phase goal success as they plan for behavior change or skill development for families.

Garden A

WHY 0-5?

Monica Adrian, Behavior Support Specialist, Merced County Office of Education: Caring Kids Program

Why promote healthy social-emotional development? Because the first five years matter! Children born into poverty and/or “stressed” families are at higher risk for developing mental health issues. Current research findings indicate the importance of parent-child relationships and their effects on brain development, attachment, and the regulation of emotions and behavior.

Garden B

AN OVERVIEW OF MOTIVATIONAL INTERVIEWING

Joy Chudzynski, PsyD, Assistant Research Psychologist, UCLA, Integrated Substance Abuse Programs (ISAP), Semel Institute of Neuroscience and Behavior

Motivational Interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote change in individuals. This training will provide a brief introduction of Motivational Interviewing theory and techniques with a focus on how to use core principles of Motivational Interviewing when working to facilitate change.

Palm W

INTERPERSONAL PSYCHOTHERAPY (IPT): AN OVERVIEW OF IPT AND IPT TRAINING

Scott Stuart, MD, Professor of Psychiatry and Psychology, University of Iowa, Director, IPT Institute

Dr. Stuart will review the IPT model and provide an overview of the Community-Based training provided through the IPT Institute. In addition, data and experience from the training already conducted within Los Angeles County will be reviewed. The presentation is relevant to the education of the intended audience to increase their awareness of IPT as an empirically-based treatment, and to increase their understanding of community-based dissemination and training in IPT. It is directly relevant to their contribution to consumer care because IPT has specific application to the populations being served by community and government mental health agencies in California and the US generally.

THURSDAY, APRIL 23, 2015 CONTINUED

10:30 AM – 12:00 PM **SESSION ONE, CONTINUED**

Park D / Plaza D

HELPING CLIENTS STAY HOUSED THROUGH CRITICAL TIME INTERVENTION

Jenn Ma-Pham, MSW, Director of Housing and Clinical Health Services, Downtown Women's Center

Martha Delgado, CTI Program Manager, Downtown Women's Center

This workshop will provide an overview of Critical Time Intervention (CTI) which is an empirically supported, time-limited case management model designed to prevent homelessness and other adverse outcomes in people following discharge from hospitals, shelters, and other institutions. The Downtown Women's Center (DWC) has implemented CTI since January 2011 with a unique model whereby DWC is both the service provider and property management company. This workshop will discuss ways in which DWC has managed to integrate multiple services including property management successfully into care coordination. The last part of the workshop will discuss DWC's CTI pilot study by reviewing the outcomes, effectiveness, and future recommendations for those interested in incorporating the model.

12:00 PM – 1:00 PM **LUNCH** (included with registration)

Tiffany Room

1:00 PM – 2:15 PM **SESSION TWO**

Plaza B

FUNCTIONAL FAMILY THERAPY: RELATIONAL ASSESSMENT: APPLICATION FOR EFFECTIVE BEHAVIOR CHANGING PLANNING AND EXECUTION (SESSION TWO)

Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc.

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse, and there will also be practice of staffing cases and comparison of ratings.

Palm E

AGGRESSION REPLACEMENT TRAINING: EMPATHY TRAINING

Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

Current research indicates that it is critical to teach empathy to youth while you are teaching competency development skills (i.e. social skills, anger management skills). This session will review modifications to the Empathy Training curriculum.

THURSDAY, APRIL 23, 2015 CONTINUED

1:00 PM – 2:15 PM

SESSION TWO, CONTINUED

Plaza A

ADVANCED TF-CBT TRACK: TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY FOR CHILDREN AND YOUTH IN THE CHILD WELFARE SYSTEM

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This session will highlight challenges related to implementing TF-CBT with children and youth in the child welfare system, including complex trauma, court involvement, changes in placement, and engaging substitute care providers. Strategies for overcoming these challenges will be provided and discussed. Case examples will be used to illustrate successful TF-CBT implementation with this population.

Plaza C

FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION TWO)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

This is a two part workshop. Participants are recommended to attend the FFT: Relational Assessment workshop prior to this workshop. The goal of this workshop is to assist therapist ability to articulate a family focused Behavior Change plan which address both family risk factors and the referred behavior of the youth. This workshop will identify the importance of the Relational Assessment to solid Behavior Change execution. FFT therapists should come prepared to discuss cases they are working with in small group settings.

Garden A

SUCCESSFUL IMPLEMENTATION & SUSTAINABILITY OF PARENT AND CHILD INTERACTION THERAPY (PCIT)

Gayaneh Karapetian, MA, LMFT, Associate, CIBHS

This workshop features a brief overview of some of the necessary elements of building an organizational infrastructure that supports implementing and sustaining a successful Parent Child Interaction Therapy (PCIT) program in an agency that provides care to young children. It highlights the importance of ongoing training, consultation, stakeholder involvement, and outcomes-based decision making.

Garden B

BEHIND HAPPY FACES: A NEW APPROACH TO MENTAL HEALTH

Ross Szabo, CEO, Human Power Project

Behind Happy Faces is a widely scalable mental health curriculum, which gives students the tools they need to address their mental health. The curriculum reduces stigma, teaches classifications of mental health challenges, and offers steps to create effective coping mechanisms and how to help a friend in crisis.

**ALL HANDOUTS AND RESOURCE MATERIAL
WILL ALSO BE AVAILABLE AT:**

[HTTP://WWW.CIBHS.ORG/EVENTS-O](http://www.cibhs.org/events-o)

1:00 PM – 2:15 PM

SESSION TWO, CONTINUED

Plaza W

DIALECTICAL BEHAVIORAL THERAPY: ADULTS & ADOLESCENTS

Robin A. McCann, PhD, Trainer, The Linehan Institute, Behavioral Tech

This presentation introduces the participant to Dialectical Behavior Therapy (DBT), the most robust psychological therapy for treating Borderline Personality Disorder and suicide attempts. 28 randomized controlled trials indicate that DBT efficaciously decreases risky behaviors. The participant will gain sufficient knowledge to make an informed decision about whether to practice DBT.

Park D / Plaza D

SUBSTANCE USE DISORDERS

Carol Stanchfield, MS, LMFT, Deputy Director Adult Mental Health Services, Nevada & Placer Counties, Turning Point Community Programs

Assisted Outpatient Treatment (AOT) offers an opportunity for individuals who meet specific criteria to receive mental health treatment through an alternative, court monitored process. AOT utilizes the Assertive Community Treatment (ACT) model, an EBP, infusing recovery oriented integrated care, to engage participants who otherwise remain untreated.

2:15 PM – 2:30 PM

BREAK

2:30 PM – 4:00 PM

IMPLEMENTING SUSTAINABLE EVIDENCE-BASED PRACTICES FROM AGENCY PERSPECTIVE

Park D / Plaza D

Deborah Bennett, MSW, LCSW, Director, Flexible Integrated Treatment (FIT) Programs

Yuri Kimura, MSW, LCSW, Director, Juvenile Justice and Crime Prevention (JJCP) Program

Alyssa M. Ward, PhD, LCP, Director of Clinical Training & Evidence-Based Practice

Andrea Letamendi, PhD, Assistant Director of Clinical Training

Casey Meinster, LMFT, Assistant Director of Evidenced-Based Practices

A panel of administrators that have had success implementing multiple evidence-based practices from Stanford Youth Solutions and Hathaway-Sycamores Child and Family Services will discuss what it takes to implement and sustain successful evidence-based practices in an agency setting. Topics will include: considerations for choosing a model, developing the agency for EBPs, creating an infrastructure of sustainability, system level implementation challenges and solutions, along with challenges and solutions such as attrition, fidelity and drift. The panel will give insight to new agencies looking at developing their EBP capacity, as well as more seasoned agencies that may have difficulty sustaining their EBPs.

THURSDAY, APRIL 23, 2015 CONTINUED

4:00 PM – 5:15 PM

SESSION THREE

Plaza B

FUNCTIONAL FAMILY THERAPY: GENERALIZATION PHASE...THE FORGOTTEN PHASE OF TREATMENT (SESSION THREE)

Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc.

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse, and there will also be practice of staffing cases and comparison of ratings.

Palm E

AGGRESSION REPLACEMENT TRAINING: THE IMPACT OF POVERTY ON EDUCATION AND TREATMENT

Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

This session will review the powerful impact of poverty on the education and treatment of children. The participants will gain an understanding of how poverty creates cognitive, emotional and behavioral deficits that can be addressed in school and in treatment through a multi-module approach including Aggression Replacement Training.

Plaza A

ADVANCED TF-CBT TRACK: CHILDHOOD TRAUMATIC GRIEF TREATMENT

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This workshop will provide an overview of how to use TF-CBT with cases of childhood traumatic grief (involving the sudden and/or violent loss of a loved one). Adaptations to the PRACTICE components for traumatic grief cases will be illustrated. The four grief components (Grief Psychoeducation, Grieving and Ambivalent Feelings, Preserving Positive Memories, and Redefining the Relationship) will be explained with case examples.

Plaza C

FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION THREE)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

The goal of this workshop is to assist FFT therapists with a better awareness of the Generalization Phase. Targeted will be the importance of therapist planning and execution to support families successful sustainability of change.

Garden A

SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT: AN OVERVIEW

Joy Chudzynski, PsyD, Assistant Research Psychologist, UCLA, Integrated Substance Abuse Programs (ISAP), Semel Institute of Neuroscience and Behavior

The purpose of this workshop is to provide participants with a brief overview of the background and rationale for conducting screening, brief intervention, and referral to treatment in a variety of care settings.

4:00 PM – 5:15 PM

SESSION THREE, CONTINUED

Garden B

ASSESSMENT AND TREATMENT OF DEPRESSION AND SUICIDE IN ADOLESCENTS AND A MODEL FOR INTEGRATION INTO PRIMARY CARE

Margaret Rea, PhD, Psychologist, UC Davis Medical Center

Depression Treatment Quality Improvement Intervention (DTQI) is an evidence-based depression treatment (NREPP listed) program that can be used in both behavioral health and integrated primary medical and behavioral health care services. DTQI includes: 1) depression evaluation, patient education, and support for treatment choice; 2) group and individual manualized cognitive-behavior therapy for depression in teens and young adults; 3) care management strategies for supporting primary care evaluation and treatment; 4) strategies for addressing comorbidities; and 5) protocols for monitoring youth outcomes, clinical decision-making, and stepped care algorithms for optimizing patient outcomes. Previously trained DTQI clinicians are encouraged to attend to receive feedback and pose questions. Participants will be introduced to the Family Intervention for Suicide Prevention (FISP); another NREPP listed evidence-based practice for addressing suicide and self-harm risk in youths by the same developer.

Palm W

COGNITIVE BEHAVIORAL THERAPY FOR PSYCHOSIS (CBTp)

Kristin L. Dempsey, LMFT, LPCC, Senior Associate, CIBHS

Cognitive Behavior Therapy for Psychosis (CBTp) has developed and is continuing to produce promising results as an effective evidence-based intervention for psychosis. Used, with or without drugs, CBTp is showing effectiveness among those dealing with both positive and negative symptoms of psychosis, and is providing positive outcomes in the United States for intervention in treating early psychosis. This workshop will address the basic tenets of CBTp including methods to engage an individual with psychosis, development of a CBTp formulation and effective CBTp interventions. Opportunities for training in California and effective implementation strategies will also be reviewed.

Park D / Plaza D

THE BENEFITS OF INTEGRATED MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR PERINATAL TREATMENT

Linda Gertson, PhD, Clinical Supervisor, Ventura County Behavioral Health

Jessica Davis, PsyD, Clinic Administrator, Ventura County Behavioral Health

This presentation will discuss the benefits of integrating mental health services in an alcohol and drug perinatal treatment program. The presenters will describe the interaction of Adverse Childhood Experiences, trauma and substance use disorders. The development and implementation of a pilot study to measure effectiveness of integrated services will be presented.

5:15 pm

CLOSING

Park D / Plaza D

5:30 PM – 6:45 PM

RECEPTION

Tiffany Room



FRIDAY, APRIL 24, 2015

7:30 AM – 4:00 PM	REGISTRATION	<i>Plaza Foyer</i>
7:30 AM – 8:30 PM	CONTINENTAL BREAKFAST	<i>Plaza Foyer</i>
8:30 AM – 10:15 AM	KEYNOTE - REFRAMING WORKPLACE MENTAL HEALTH: WHAT EVERY LEADER MUST KNOW	<i>Park D / Plaza D</i>
	<i>Donna Hardaker, Director, Mental Health America of California - Wellness Works</i>	
	In the mental health sector, we need to open up dialogue to consider that taking care of employee mental health is integral to delivering good care. This presentation builds awareness that employers who successfully manage mental health issues can alleviate performance problems, avoid litigation, create a more inclusive work environment, and enhance organizational effectiveness.	
10:15 AM – 10:30 AM	BREAK	

10:30 AM – 12:00 PM **SESSION FOUR**

<i>Plaza B</i>	FUNCTIONAL FAMILY THERAPY WITH SEXUALLY ACTING OUT YOUTH (SESSION FOUR)
	<i>Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc.</i>
	The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.
<i>Palm E</i>	AGGRESSION REPLACEMENT TRAINING: CHARACTER EDUCATION AND MORAL REASONING
	<i>Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.</i>
	<i>Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.</i>
	This session will review newer research on character education as a prelude or companion to the moral reasoning component of Aggression Replacement Training. Participants will be presented character education lessons.

10:30 AM – 12:00 PM **SESSION FOUR, CONTINUED****Plaza A****ADVANCED TF-CBT TRACK: RECOGNIZING AND ADDRESSING SECONDARY TRAUMATIC STRESS***Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego*

This workshop will focus on the impact of doing trauma-focused therapy on treatment providers, including risk factors for secondary traumatic stress, vicarious trauma, and compassion fatigue. Signs and symptoms of secondary trauma exposure reactions will be described, as well as instruments for assessing the impact of trauma exposure on therapists, supervisors, and agencies. Personal, professional, supervisory, and organizational strategies for addressing secondary trauma exposure reactions will be highlighted. The role of the supervisor in helping to mitigate the impact of secondary traumatic stress will be emphasized, and techniques for helping therapists and supervisors will be demonstrated.

Plaza C**FUNCTIONAL FAMILY THERAPY PRACTITIONERS (SESSION FOUR)***Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC*

The goal of this workshop is to assist FFT therapists with a better awareness of working with youth who act out sexually while maintaining Model Focus. This workshop will isolate specific risk factors and the importance of therapist to maintain relational focus. Included will be the need for safety planning and examples of behavior change strategies.

Garden A**TREATMENT FOSTER CARE-OREGON (TFCO) AND KEEPING FOSTER PARENTS SUPPORTED AND TRAINED (KEEP)***Patricia Chamberlain, PhD, Science Director and Senior Research Scientist, Oregon Social Learning Center**Joseph Price, PhD, Professor, Department of Psychology, San Diego State University*

The Treatment Foster Care Oregon (TFCO, formerly MTFC) and KEEP (Keeping Foster Parents Supported and Trained) will be described, including what it takes to implement. TFCO is an alternative to group and residential care for children and youth with behavioral and emotional problems. KEEP is a foster parent support model. The results from studies on KEEP and TFCO will also be presented.

Garden B**ADVANCING COMMUNITY DEFINED PRACTICES***Will Rhett-Mariscal, PhD, Associate Director, Health Equity Team, CIBHS**Kristee L. Haggins, PhD, Senior Associate, CIBHS*

This presentation provides a brief overview of community defined-practices and efforts to advance their integration into the service delivery system. The significance of CDPs for cultural relevancy will be highlighted. We will discuss key capacity building areas including practice model articulation, evidence of effectiveness, and readiness for dissemination.

FRIDAY, APRIL 24, 2015 CONTINUED

10:30 AM – 12:00 PM **SESSION FOUR, CONTINUED**

Palm W

STRENGTHENING FAMILIES PROGRAM: OVERVIEW OF A MODEL EVIDENCE-BASED FAMILY SKILLS TRAINING!

Jeanie Ahearn Greene, PhD, MSW, Executive Director, Ahearn Greene Associates

Angela DaRe, Director Community & Collaboration Initiatives, Ahearn Greene Associates

Strengthening Families Program (SFP) is an internationally recognized evidence-based parenting and family skills training program with three developmentally specific curricula based on the age of the children: SFP (3-5/6-11/12-16) consisting of 14 consecutive weekly family skill-building sessions. This workshop will present the SFP family skills training in the context of working with at risk populations in a variety of community settings using case examples of established projects and initiatives to provide a framework for replicating the program fidelity. This presentation will allow for an open forum combined with didactic presentation of SFP best practices and established outcome findings.

Park D / Plaza D

FAMILY-BASED APPROACH TO PREVENT RISK AND BUILD HEALTHY FUTURES FOR LGBT YOUTH

Caitlyn Ryan, PhD, ACSW, Director, Family Acceptance Project – SF State University

The Family Acceptance Project has developed the first evidence-based framework to prevent risk and promote well-being for LGBT children and youth. This session will discuss FAP's research and approach to help ethnically and religiously diverse families to support their LGBT children, including resources and strategies that are helping prevent risk and build healthy futures for LGBT children and youth.

12:00 PM – 1:00 PM

LUNCH (Included with registration)

Tiffany Room

1:00 PM – 2:15 PM **SESSION FIVE**

Plaza B

FUNCTIONAL FAMILY THERAPY WITH SUBSTANCE ABUSING YOUTH AND FAMILIES (SESSION FIVE)

Kimberly R. Mason, National Supervisor/Trainer, Functional Family Therapy Inc.

The goal of this workshop is to focus on the use of FFT when the primary risk factor of the youth and/or family is substance abuse/use. Presentation will focus on assisting therapist to stay Model focused and decrease therapist risk of individualizing treatment. Motivation of families and therapist planning for the Behavior Change Phase will be addressed.

1:00 PM – 2:15 PM

SESSION FIVE, CONTINUED

Palm E

AGGRESSION REPLACEMENT TRAINING FOR ADULTS

Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

This session will review the adaptations of the Aggression Replacement Training curriculum for adults. Modifications have been made to the curriculum for specific skill selection from Skillstreaming; language modification for Anger Control Training and dilemma discussions in Moral Reasoning for adults.

Plaza A

ADVANCED TF-CBT TRACK: TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY WITH YOUNG CHILDREN

Alison Hendricks, LCSW, National TF-CBT Trainer, Hendricks Consulting, San Diego

This session will focus on providing TF-CBT with children ages 3-6. Variability in trauma reactions and assessment considerations for this population will be explored. Strategies and resources for implementing the PRACTICE components with young children will be cited.

Plaza C

FFT PRACTITIONERS (SESSION FIVE)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

The goal of this workshop is to focus on the use of FFT when the primary risk factor of the youth and/or family is substance abuse/use. Presentation will focus on assisting therapist to stay model focused and decrease therapist risk of individualizing treatment. Motivation of families and therapist planning for the Behavior Change Phase will be addressed.

Palm W

TRIPLE P – POSITIVE PARENTING PROGRAM: CROSS-SECTOR PROVIDERS WITHIN A PUBLIC HEALTH FRAMEWORK

Randy Ahn, PhD, MLIS, Implementation Consultant, Triple P America

The purpose of this presentation is to provide an overview of the Triple P – Positive Parenting Program. Attendees will be introduced to Triple P as a cross-sector, public health system of evidence-based education and support for parents and caregivers of children and adolescents.

Garden B

COMMUNITY DEFINED PRACTICE (CDP) - AAFEN BICULTURAL PARENT EDUCATION PROGRAM

Dr. Terry S. Gock, PhD, Director, Asian Pacific Family Center, Pacific Clinics

This session will provide a framework to understand “Community Defined Practice (CDP)” as a form of “Evidence-based Practice (EBP),” and help participants select CDPs that are appropriate and effective for culturally diverse populations. AAFEN, a bicultural parent education program for Asian immigrants, will be presented to demonstrate an incremental approach to developing a CDP.

FRIDAY, APRIL 24, 2015 CONTINUED

1:00 PM – 2:15 PM

SESSION FIVE, CONTINUED

Park D / Plaza D

PREVENTING ONSET OF PSYCHOTIC DISORDERS

William R. McFarlane, MD, Professor of Psychiatry, Tufts University School of Medicine

Phyllis Mace, MFT Program Supervisor, First Hope Program, Contra Costa County

Nancy Ebbert, MD, Lead Psychiatrist, First Hope Program, Contra Costa County

Jennifer Newfield, LCSW, Lead Clinician, First Hope Program, Contra Costa County

Danielle Perez, MFTI, Vocation/ Education Specialist, First Hope Program, Contra Costa County

Preventing the initial episode of psychosis has now been demonstrated across several studies, including a national trial of early intervention for youth at risk of psychosis. This presentation will review the background and theoretical basis for prevention as well as the major programs in the United States that have achieved preventive outcomes. That will include five very successful programs now operating in California under the PEI initiative. Contra Costa County First Hope Program will present implementation of their program, key treatment components, and 2 year outcomes.

Garden A

TRANSITION AGE YOUTH - TIP MODEL

Joseph Solomita, MSW, Managing Director Stars Training Academy, Stars Behavioral Health Group

Coral Huntsman, Clinical Training Specialist, Stars Behavioral Health Group

Lorne Wood, FSP TAY Youth Mentor, Starview Community Services

Rochelle Trochtenberg, Social Worker III, Humboldt County Transition Age Youth Collaboration (HCTAYC)

Qaïel Peltier, Peer Coach II, Humboldt County Department of Health & Human Services

It's time for youth to lead the way! The Transition To Independence Process Model, TIP, is an evidence-supported and youth-driven practice that improves real-life outcomes for youth and young adults with emotional/behavioral difficulties. This workshop will cover the core competences of the model, as well as highlight Peer Support work within the model, and experiences with local implementation.

2:15 PM – 2:30 PM

BREAK

2:30 PM – 3:45 PM

SESSION SIX

Plaza B

FUNCTIONAL FAMILY THERAPY: THERAPIST PLANNING AND EXECUTION OF EFFECTIVE CASE PRESENTATION (SESSION SIX)

Kimberly R. Mason, LCSW, National Supervisor/Trainer, Functional Family Therapy Inc.

The Functional Family Therapy (FFT) Supervisor workshops are designed for trained FFT supervisors. A review of the principles of FFT supervision, fidelity ratings and using data to guide supervision will be included in all workshops. In addition, information will be provided on supervising cases with special issues such as drug abuse and there will also be practice of staffing cases and comparison of ratings.

2:30 PM –3:45 PM

SESSION SIX, CONTINUED

Palm E

AGGRESSION REPLACEMENT TRAINING - CHANGES FOR ANGER CONTROL

Mark Amendola, LCSW, BCD, Educational & Treatment Alternatives, Inc.

Robert Oliver, EdD, Educational & Treatment Alternatives, Inc.

Current research indicates that it is critical to teach empathy to youth while you are teaching competency development skills (i.e. social skills, anger management skills). This session will review modifications to the Empathy Training curriculum.

Plaza A

ADVANCED TF-CBT TRACK: TREATING COMPLEX TRAUMA WITH TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY

Alison Hendricks, LCSW, Hendricks Consulting

This session will focus on assessing and addressing complex trauma utilizing TF-CBT. An overview of complex trauma and related reactions will be provided. Techniques for engaging youth who have experienced complex trauma and their caregivers will be identified. Strategies and resources for implementing the PRACTICE components with this population will be identified.

Plaza C

FUNCTIONAL FAMILY THERAPY PRACTITIONERS TRAINING (SESSION SIX)

Andrea A. Neeb, LMHC, FFT National Trainer/National Consultant, FFT LLC

This workshop is intended for FFT therapists. The goal is to assist therapists to increase their own ability to be adherent and competent with FFT service delivery and to assist FFT therapists to maintain Model focus while preparing for and staffing their cases.

Park D / Plaza D

THE EVOLUTION OF CIBHS PROGRAM PERFORMANCE AND OUTCOME EVALUATION: eBEHAVIORAL HEALTH SOLUTIONS (eBHS)

Cricket Mitchell, PhD, Senior Associate, CIBHS

Rikke Addis, MA, Associate, CIBHS

CIBHS has been conducting evaluation for more than a decade; and a shift is currently underway to transition this work into a more advanced technological solution. eBHS is a web-based solution that addresses challenges faced in making real-time data-driven decisions at the individual client, program, agency, county and state levels.

Garden B

COMMUNITY DEFINED PRACTICE - JOVEN NOBLE HEALING BASED RITES OF PASSAGE

Jerry Tello, Director, National Compadres Network

El Joven Noble (The Noble Young Man) is a Chicano/Latino Rites of Passage Process based on the indigenous, culturally-rooted concept of El Hombre Noble (The Noble Man) and the value of developing and maintaining ones sense of “Palabra” (credible word and life purpose). The specific goal of The El Joven Noble is the CHARACTER DEVELOPMENT of young males while targeting the reduction and prevention of unwanted or unplanned pregnancies, substance abuse, and community violence and increasing the ability of young males to act in a responsible and respectful way in reference to their relationships.

FRIDAY, APRIL 24, 2015 CONTINUED

2:30 PM – 3:45 PM

SESSION SIX, CONTINUED

Palm W

STRENGTHENING FAMILIES: FIVE PROTECTIVE FACTORS

John Lowther, Training Specialist, Strategies (Children's Bureau)

Five Protective Factors are a key component in the strengthening families framework that can be used by social services and other disciplines that work directly with children and families. Staff unfamiliar with this research-based framework will learn about the underlying link between the presence of these factors and the reduction in abuse and neglect. Staff will learn how to identify the protective factors shown to impact abuse and neglect, practical ways to incorporate them into their agency's programming, and how to inspire families and communities to find and act on their strengths.

Garden A

BRIEF PARENT ENHANCEMENT STRATEGIES

Dan Thorne, LMFT, Director, Harbor View Community Services Center

Parents are often the last to be recognized as needing help. This presentation will brief participants on an emerging educational parenting practice. This approach focuses on reducing parental stress through a focus on the parent's self-care, their awareness of their child's condition, and their ability to improve their child's behavior.

3:45 PM – 4:00 PM

CONCLUSION AND WRAP-UP

Park D / Plaza D

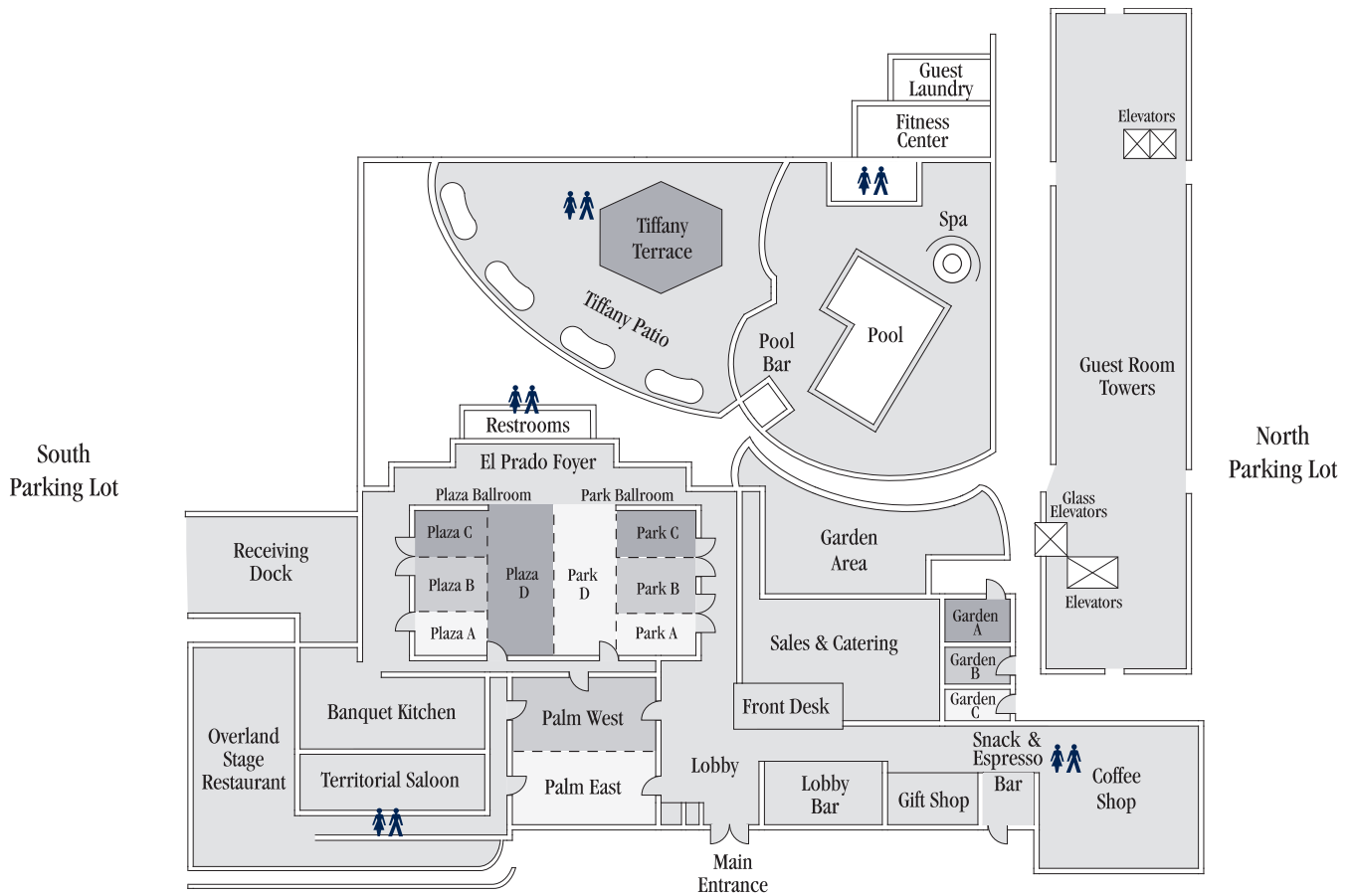
MAP



Sheraton Park Hotel

AT THE ANAHEIM RESORT

Facility Floor Plan



EVIDENCE-BASED PRACTICES SYMPOSIUM PLANNING COMMITTEE

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Planning/Development
Merced County Department of Mental Health

Gayaneh Karapetian, MA, LMFT, Associate
Evidence-Based Practices Team
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Qaiel Peltier, Support Specialist
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